

# Biomechanics of the Trunk

A lecture and discussion

Karl Schurr

A review of biomechanics of the trunk with a discussion of the implications for assessment and training in stroke rehabilitation



There is much debate about the role of the trunk muscles in sitting, standing and walking in people with Stroke and other neurological conditions. This lecture will review the anatomy and biomechanics of the trunk muscles in order to help to inform this debate.

## Details

Date: 27/06/2019

Time: 6pm-8pm

Registration and Refreshments: from 5.30pm

Venue: Education Centre, Royal Bournemouth Hospital, BH7 7DW

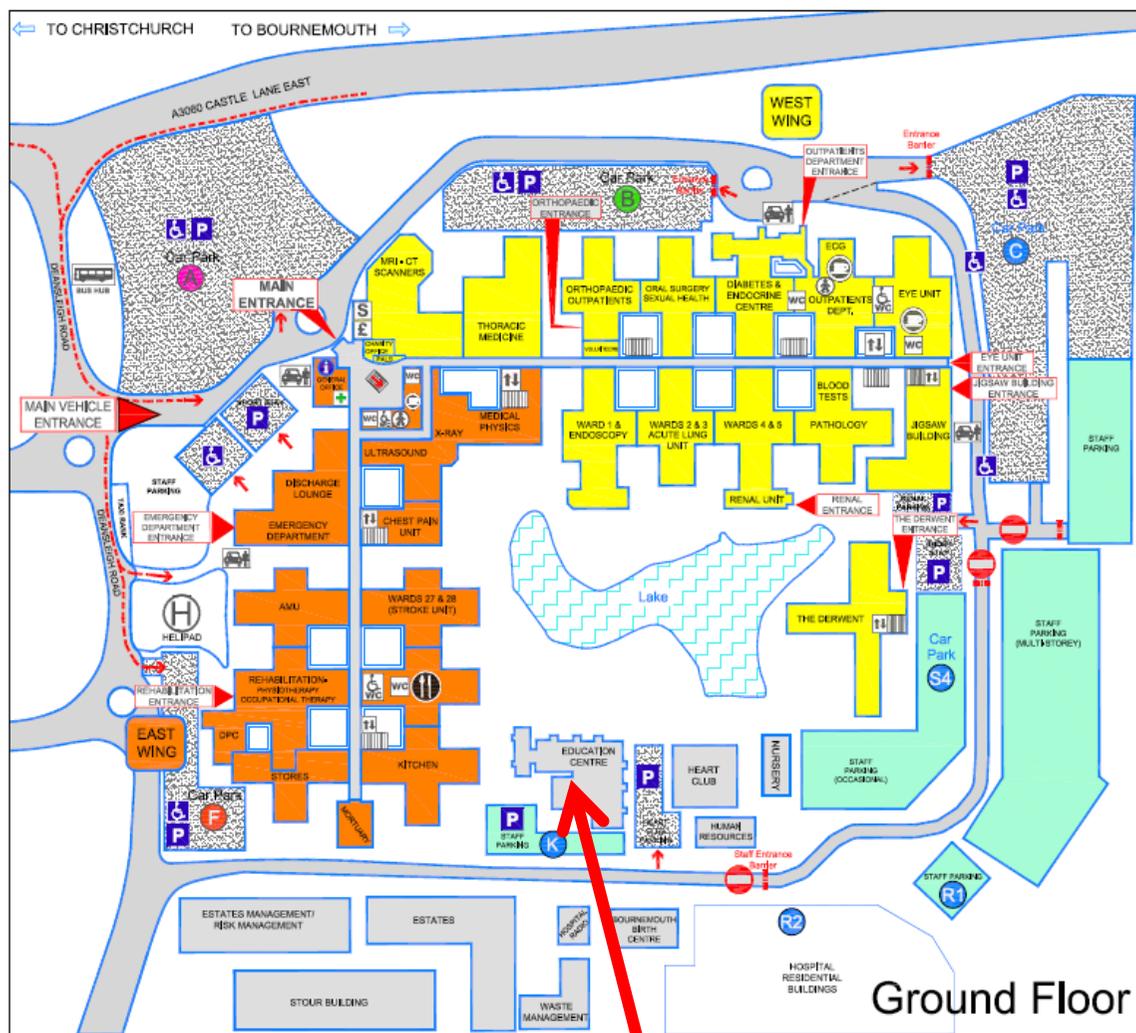
**Cost: £20 per person**

Karl Schurr



Karl Schurr is a physiotherapy clinician, researcher and educator. He has over 30+ years' experience in stroke, brain injury and aged care rehabilitation in Australia and the UK. He has published 27 peer reviewed journal articles and been awarded over \$1 million in research funding. His research focuses on methods to increase exercise intensity, dosage and evaluating the effectiveness of rehabilitation interventions for stroke survivors and older people.

Booking via EventBrite only: <https://www.eventbrite.co.uk/e/biomechanics-of-the-trunk-a-lecture-and-discussion-with-karl-schurr-tickets-57785497980>



**Venue:** Education Centre, Royal Bournemouth Hospital, Castle Lane East, Bournemouth, BH7 7DW

The education centre is a separate building at the back of the hospital, overlooking the lake. From the main hospital building, follow the East Wing Corridor on the ground floor, looking for signs to the Oasis Restaurant. Pass the restaurant and exit the hospital - you will see the education centre in front of you.

**Registration and refreshments:** from 5.30pm in the Conference Room. The lecture will start promptly at 6pm in the main lecture theatre. Please note that food and drink is not allowed in the lecture theatre.

For details on getting to the hospital and parking, please look at the “travelling to hospital” page of the website:

<https://www.rbch.nhs.uk/index.php?id=62>

Please book via EventBrite – but if you have any queries, please contact

[Kirsty.LePoidevin@rbch.nhs.uk](mailto:Kirsty.LePoidevin@rbch.nhs.uk)