

# Biomechanics of the Trunk

## A lecture by Karl Schurr

A review of the biomechanics of the trunk with a discussion of the implications for assessment and training in stroke rehabilitation



There is much debate about the role of the trunk muscles in sitting, standing and walking in people with Stroke and other neurological conditions. This lecture will review the anatomy and biomechanics of the trunk muscles in order to help to inform this debate.

### Details

Date: 19/03/2019

Time: 6pm-8pm

Venue: APA offices, North Ryde

Registration: <https://australian.physio/pd/pd-product?id=6543>

Karl Schurr



Karl Schurr is a physiotherapy clinician, researcher and educator. He has over 30+ years' experience in stroke, brain injury and aged care rehabilitation in Australia and the UK. He has published 27 peer reviewed journal articles and been awarded over \$1 million in research funding. His research focuses on methods to increase exercise intensity, dosage, and evaluating the effectiveness of rehabilitation interventions for stroke survivors and older people.