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Dear <<First Name>>

#### February 2019 StrokeEd Newsletter

Welcome to our second newsletter. Content includes future workshop dates and locations, as well as other topics and current research that we think may be of interest. Please share the newsletter with colleagues who may be interested in the content or perhaps may want to attend one of the future workshops [ [www.StrokeEd.com](http://www.StrokeEd.com) ]

##### 1. [Download here a full list of our workshops for 2019.](#)

Please see [the website](#) for specific details about each workshop, registration, updates and possible additional workshops. All enquiries about each specific workshop should be directed to the Organisers listed in the above download.

##### 2. News, achievements & awards:

- **Denmark, Sept 2018:** The Danish Society for Neurological Physiotherapy hosted the upper limb, lower limb retraining and 1000 reps workshops in Copenhagen and Skive, Denmark in 2018. It is always a delight to teach in Denmark with enthusiastic therapists and excellent organisation. During this trip Karl presented at a one-day 'trunk' symposium, with a lecture on the biomechanics of the trunk and clinical implications for people after stroke. Also presenting at this symposium were Mary Lynch and Dr Helen Linfield from the UK Bobath instructors association. An interesting day! If you are in Sydney, Karl Schurr will repeat this lecture for the NSW branch of the APA ("Biomechanics of the trunk: Implications for intervention") on March 19<sup>th</sup> 2019. (See Australian Physiotherapy Association PD website for details. <https://australian.physio/pd-product?id=6543>)
- **SSA/SmartStrokes conference, Sydney, Aug 2018:** In August, Simone, Karl and Annie participated in a 90 min workshop "Increasing the intensity and amount of practice completed by stroke survivors" with colleagues Laura Joliffe, Erin Godecke, Emma Schneider, Claire Stewart and Lauren Christie. Over 100 people attended this multidisciplinary workshop. (Annie and Karl repeated this workshop in Copenhagen, Denmark for a health service interested in reviewing their current practice and in two hospitals in Henan Province, China). We hope to repeat this workshop again in Sydney.
- Annie presented in a multi-disciplinary pre-conference workshop "Talking about sexuality: A workshop to support clinicians to meet clinical best practice guidelines" with colleagues Margaret McGrath, Sandra Lever and Emma Power.
- **Chile, Aug 2019:** Annie McCluskey will present 3 keynote presentations in Santiago, Chile at the "Brain Recovery: Applications, Concepts and Challenges Conference" on 26-27<sup>th</sup> August 2019. Other presenters include Prof Julie Bernhardt and Prof Barbara Wilson. Annie's lecture topics include (i) translating stroke rehabilitation research into practice, (ii) how to coach well and increase practice intensity during rehabilitation and (iii) addressing sexuality during stroke rehabilitation
- **ACU teaching award:** Dr Simone Dorsch received the Vice Chancellor's Excellence in Teaching Award at The Australian Catholic University along with Jane Butler and Mary Lynch. This award provides \$10,000 for development of an evidence-based neurology curriculum at the university. This curriculum is now being used across all ACU campuses in Australia.
- **Macquarie University Academic Promotion:** Dr Kate Scrivener has recently been promoted to Senior Lecturer (Level C) in the Department of Health Professions, Faculty of Medicine and Health Sciences at Macquarie University, Sydney
- **Stroke Foundation learning modules:** The StrokeEd collaborators are currently busy making teaching videos and preparing online learning modules for the Stroke Foundation's InformMe website (<https://informme.org.au/Learning-and-resources>). The focus of modules is analysis and training of sitting-to-standing, walking and upper limb function, demonstrating how to apply stroke guideline recommendations. Kate and Simone already completed a module on walking analysis and retraining.
- **China, Nov/Dec 2018:** Karl and Annie spent a month in Henan province teaching in two rehabilitation units in the cities of Luoyang and Kaifeng. Clinical sessions with stroke survivors, clinicians and family members were held in the morning and lecture/practical sessions in the evenings.

##### RESEARCH published by StrokeEd COLLABORATORS (July 2018- Feb 2019)

- Christie L, **McCluskey A**, & Lovarini M. (2019, online early, accepted 18 Dec 2018). Constraint-induced movement therapy for upper limb recovery in adult neurorehabilitation: An international survey. *Australian Occupational Therapy Journal*.
- Hamilton C, **McCluskey A**, Lovarini M, Folly de Camos T & Hassett L. (2019, online early, accepted March 2018). Experiences of therapists using feedback-based technology to improve physical function in rehabilitation settings: A qualitative systematic review. *Disability and Rehabilitation*.
- **Dorsch S**, Weeks K, King L, Polman E (2019). Inpatient rehabilitation, large amounts of practice can occur safely without direct therapist supervision: An observational study. *Journal of Physiotherapy*, 65(1), 23-27.
- DeSousa D, Harvey L, **Dorsch S**, Glinsky J (2018). Interventions involving repetitive practice improve strength after stroke: A systematic review *Journal of Physiotherapy* 64, 210-221.
- McGrath M, Lever S, **McCluskey A**, & Power E. (Online early, accepted Sept 2018). How is sexuality after stroke experienced by stroke survivors and partners of stroke survivors? A systematic review and meta-synthesis of qualitative studies. *Clinical Rehabilitation*. doi.org/10.1177%2F0269215518793483

supervised by Dr Justin Scanlan, **Dr Annie McCluskey**, A/Prof Natasha Lannin and graduated in October 2018:

Detrick-Janes, M (2018). *An investigation of handwriting legibility and pencil use tasks in healthy older adults*. Master of Applied Science by Research, The University of Sydney.

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