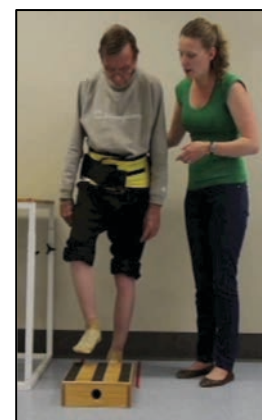


# The coaching workshop: Evidence-based coaching skills for rehabilitation professionals



**Target audience:** Occupational therapists, physiotherapists, allied health assistants, nurses and exercise physiologists. No pre-requisites.

**Overview:** This workshop will summarise research about attention, demonstration, instructions, cues, goals, feedback and motivation as they relate to adult neuro-rehabilitation and aged care. Video examples will be used for analysis. Participants will practice and receive feedback on their coaching skills during the workshop.

**Learning objectives:** Participants will learn how to:

- **Discriminate** between instructions, cues, goals and feedback
- **Use** goal-directed instructions to encourage and motivate learners
- **Provide** critical and timely feedback
- **Motivate** people who have difficulty concentrating or dislike exercise
- **Adapt** the environment and coaching strategies to enable high repetitions
- **Provide** and receive peer review about coaching

**Presenters:** Dr Simone Dorsch, Dr Kate Scrivener, Karl Schurr & Dr Annie McCluskey

**Date and time:** Fri 14 Feb 2020, 8.30am-4.30pm

**Venue:** Australian Catholic University, Room 526.6.01, Level 6, 8-10 Berry St, North Sydney

**Registration:**

[https://students.acu.edu.au/administration/forms/school\\_of\\_physiotherapy\\_workshop](https://students.acu.edu.au/administration/forms/school_of_physiotherapy_workshop)

Choose option: *Coaching workshop NSydney*

**Cost:** \$220

**Contact person:** [simone.dorsch@acu.edu.au](mailto:simone.dorsch@acu.edu.au)