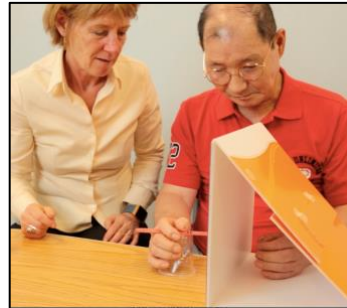


The coaching workshop: Evidence-based coaching skills for rehabilitation professionals



Target audience: Occupational therapists, physiotherapists, allied health assistants and exercise physiologists. No pre-requisites.

Overview: This workshop will summarise research about attention, demonstration, instructions, cues, goals, feedback and motivation as they relate to adult neuro-rehabilitation and aged care. Video examples will be used for analysis. Therapists will practice and receive feedback on their coaching skills during the workshop.

Learning objectives

Therapists will learn how to:

- **Discriminate** between instructions, cues, goals and feedback
- **Use** goal-directed instructions to encourage and motivate learners
- **Provide** critical and timely feedback
- **Motivate** people who have difficulty concentrating or dislike exercise
- **Adapt** the environment and coaching strategies to enable high repetitions
- **Provide** and receive peer review about coaching

Presenters: Dr Simone Dorsch, Dr Kate Scrivener, Karl Schurr, Dr Annie McCluskey

Date and time: Fri 14 Feb 2020, 8.30am-4.30pm

Venue: Australian Catholic University
Room 526.6.01, Lvl 6, 8-10 Berry St, North Sydney

Cost: \$220

Registration:

https://students.acu.edu.au/administration/forms/school_of_physiotherapy_workshop

Choose option: *Coaching workshop NSydney*

Contact person: simone.dorsch@acu.edu.au