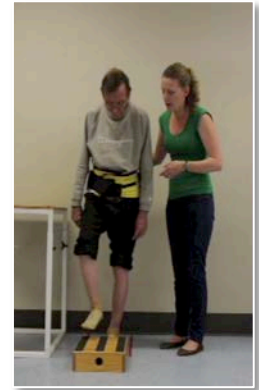
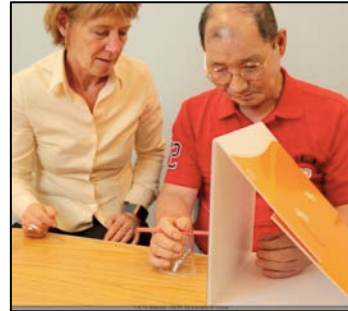
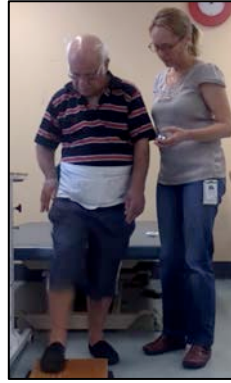


# The coaching workshop: Evidence-based coaching skills for rehabilitation professionals



**Target audience:** Occupational therapists, physiotherapists, allied health assistants, nurses and exercise physiologists. No pre-requisites.

**Overview:** This workshop will summarise research about attention, demonstration, instructions, cues, goals, feedback and motivation as they relate to adult neuro-rehabilitation and aged care, and people with intellectual disability/cognitive impairments. Video examples will be used for analysis. Participants will practice and receive feedback on their coaching skills during the workshop.

**Learning objectives:** Participants will learn how to:

- **Discriminate** between instructions, cues, goals and feedback
- **Use** goal-directed instructions to encourage and motivate learners
- **Provide** critical and timely feedback
- **Motivate** people who have difficulty concentrating or dislike exercise
- **Adapt** the environment and coaching strategies to enable high repetitions
- **Provide** and receive peer review about coaching

**Presenters:** Dr Simone Dorsch & Dr Annie McCluskey

**Date / time:** Friday 13<sup>th</sup> November 2020, 8:30am-4.30pm AEST

**Venue:** Fully Online via Zoom

**Cost:** \$220 plus \$13.19 Eventbrite admin fee = **\$233.19**

**Contact person:** dranniemccluskey@gmail.com

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