



WORKSHOP in New Zealand

# Evidence-Based Upper Limb Retraining after Stroke



 **Date:** 17<sup>th</sup> – 19<sup>th</sup> November 2023

 **Venue:** Hutt Hospital - 638 High Street, Boulcott, Lower Hutt 5010, New Zealand

**Cost:** Wellington/. Lower Hutt DHB employees ( 914 \$NZ)  
External therapists (\$937 NZ)

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## Upper Limb

**Content:** This 3-day workshop teaches therapists how to reduce impairments such as weakness and lack of coordination and improve upper limb recovery. Tasks trained include reaching for a cup, picking up a pen to write, and cutlery use. Clinical sessions with stroke survivors enable therapists to implement new knowledge and skills, and practice effective coaching. A focus on intensity and measurement in these sessions show that stroke survivors can improve motor performance regardless of time post-stroke.

**Target audience:** Physiotherapists, occupational therapists and allied health assistants from hospital and community-based settings, who teach adults following stroke / acquired brain impairment.

**Presenters:** *Annie McCluskey, and Karl Schurr, ,*

**Website information:**

<http://strokeed.com/workshop/upper-limb-retraining-f2f-hutt-hospital-new-zealand/>

For registrations, kindly fill out the form below and email through to [info@strokeed.com](mailto:info@strokeed.com), and you will be sent an invoice with payment details.

**Registration form will be found here:** <http://strokeed.com/wp-content/uploads/2023/06/Registration-form-NZ-workshops-1.docx>