

May 14, 2025

Whats On Week 3

0:00:00 **Speaker 1**

This is week three of the Upper Limb MOOC, welcome to week three.

00:00:04 **Speaker 1**

The focus this week is looking at our ability to appraise and also interpret the results that we're reading when we look at the research.

00:00:15 **Speaker 1**

What is it that we need to know about systematic reviews and randomized clinical trials in order to know what the quality of the research is and also in order to know how best to interpret the results that we're seeing in that research.

00:00:34 **Speaker 1**

Then we will have a focus on intervention to improve strength in very weak muscles of the arm after stroke.

00:00:44 **Speaker 1**

And we'll show you examples of how to use electrical stim and mirror therapy and mental practice in people with very weak muscles in their arm after stroke.

00:00:55 **Speaker 1**

We have our first Q &A session as a live online session on Wednesday night in Sydney time of week three, so we'll have put up the link to that in Facebook and in the MOOC.

00:01:10 **Speaker 1**

So hopefully we'll see you live online as well, too and we'll provide you with ways of submitting questions prior to that so that even if you can't attend you can ask questions of us and we'll make sure that the recordings are available as soon as possible.

00:01:27 **Speaker 1**

In the Facebook discussions, we'll be talking talking there about about interventions around very weak muscles after stroke.